THE FLIPPEN GROUP
Bringing out the best in People

Teen Leadership
Middle School Chapter Objectives

Chapter 1 - Laying the Foundation
Students will:
- Develop relationships with the course leader and the class.
- Understand the concept and components of the Social Contract.
- Understand the concept of journaling.
- Understand the importance of attitude.
- Begin building confidence to speak before a group and will learn to develop and deliver a speech.
- Understand the importance of building relationships, including first impressions, techniques for remembering names, and letter-writing.
- Identify personal goals for the course.

Chapter 2 - Looking at Ourselves
Students will:
- Develop an understanding of self-concept.
- Develop an understanding of self-confidence.
- Understand the process of reframing.
- Develop further understanding of first impressions, including the eight cues people notice.
- Learn how to demonstrate self-confidence, including body language and tone of voice.
- Understand the internal qualities leaders need.

Chapter 3 - Understanding Ourselves
Students will:
- Develop an understanding of Emotional Intelligence and how it differs from I.Q.
- Comprehend the concepts of the Emotional Intelligence scales: Interpersonal Skills, Persistence, Optimism, Self-Awareness, Self-Control, Empathy, Social Skills, and Self-Motivation.

Chapter 4 - Presenting Ourselves
Students will:
- Understand the tools of effective communication.
- Comprehend the difference between image and self-concept.
- See the relationship between the public self and the private self.
- Comprehend the motivation of great leaders.
- Realize the cost of leadership.
- Continue developing confidence and skill in delivering a speech, including effective use of posture, movement, gesture, facial expression, eye contact, and voice.

Chapter 5 - Taking Responsibility

Students will:

- Understand that they are responsible for their own thoughts, attitudes, and actions.
- Understand how "thought replacement" can change attitude.
- Define and explain "Rational-Emotive Theory."
- Understand that choices have consequences.

Chapter 6 - Getting It Together

Students will:

- Examine the importance of values to leaders, explore how values are determined, and examine the ways values are demonstrated to others.
- Define standards and how they affect one's values.
- Understand moral relativism.
- Determine what it means to live a principled life and will decide on principles for their lives.
- Write their personal mission statements.
- Develop an understanding of the value of money and how their use of money demonstrates their values.

Chapter 7 - Interactions with Others

Students will:

- Understand the ways peer pressure affects them and will evaluate ways to handle peer pressure.
- Understand the concept of defending skills and will practice demonstrating these skills.
- Understand the concept of rescuing skills and will practice demonstrating these skills.

Chapter 8 - Looking at Relationships

Students will:

- Understand the importance of affirming and listening and will demonstrate these skills.
- Identify ways to make family relationships more meaningful.
- Understand the family types described in the Circumplex Model.

Chapter 9 - Getting a Vision

Students will:

- Understand the definition of vision, how vision influences the future, and how to develop a vision for their lives.
- Understand how their approach to life determines how they accept responsibility and how it affects the way they react to people and events around them.
- Be able to identify the five steps in developing a vision and will use these to develop their personal vision.
- Understand ways to balance dreams with reality.
- Understand the importance of having a sense of purpose.